

HIGH FREQUENCY WORDS

100 words make up 50% of what we read.

62% of these words can be sounded out.

The tricky/irregular high frequency words need to be taught.

Prof Tom Nicholson has split them into four distinct sets.



Use meaningful activities rather than just repeating the words, e.g., put them into sentences with words they already know.

Each child will differ in the speed at which they learn so don't try and teach too many at a time.

JILLIAN'S TOP TIPS

- 1. *If you think you are going too fast, you probably are!*
- 2. *SAY and WRITE is key!*
- 3. *Write the words in five different colours in texter, and on a small white board, create a card 'match the word' game, and many more – just make it fun!*

SET 1

Decodable words				
a	as	if	is	off
on	an	at	in	it
up	dad	had	and	big
his	got	mum	can	get
not	him	but	back	of

Tricky / Irregular high-frequency words		
I	no	go
to	the	into

SET 2

Decodable words			
will	that	this	then
them	with	see	for
now	down	look	too
her	you	all	

Tricky / Irregular high-frequency words			
he	she	we	me
be	was	they	are
my			

SET 3

Decodable words			
went	it's	from	children
just	help	when	out
like			

Tricky / Irregular high-frequency words			
so	do	said	have
some	come	were	there
little	one	what	

SET 4

Decodable words			
don't	old	I'm	by
time	house	saw	about
day	you	made	came
make	looked	called	

Tricky / Irregular high-frequency words			
put	oh	their	people
here	very	Mr	Mrs

Reference:
Prof Tom Nicholson
<https://www.massey.ac.nz/massey/expertise/profile.cfm?stref=967930>

